IN THE CLAIMS:

Please enter the following claims as amended:

h2

1. (currently amended) A friction vibration damper for damping the vibrations of a vibrating component comprising a body [[,]] <u>defining</u> a chamber, the chamber being partially filled with and a plurality of elements <u>particles to at least 90% fill such that the particles are able to move relative to one another, the body defines the chamber which is partially filled with the plurality of elements, the friction vibration damper, in use, disposed on or in the vibrating component characterised in that <u>wherein</u> the friction vibration damper <u>comprises means</u> is configured to substantially prevent the elements <u>particles</u> operationally moving in a convection-like flow pattern.</u>

Claims 2-8 are cancelled.

- 9. (currently amended) A friction vibration damper for a vibrating component as claimed in claim 1 characterised in that wherein the body comprises a baffle, the baffle is disposed within the chamber to substantially prevent the elements operationally moving in a convection-like flow pattern.
- 10. (currently amended) A friction vibration damper for a vibrating component as claimed in claim 9 characterised in that wherein the baffle extends across the chamber.
- 11. (currently amended) A friction vibration damper for a vibrating component as claimed in claim 9 characterised in that wherein the baffle comprises a mesh structure.

Claims 12-32 are cancelled.